

To find your bracelet size:

- Use a paper measuring tape to measure around your wrist.

(If you do not have one, you can use a piece of string to wrap around your wrist and then measure the length with a regular ruler.)

- We recommend adding $\frac{1}{2}$ inch to your measurement for comfort.

Example:

Wrist measurement is 7 inches, then bracelet size should be $7 \frac{1}{2}$ inches.

